

# allard<sup>INT</sup>

## INSTRUCTIONS



kiddieGAIT™  
kiddieROCKER™



Single Patient Use

The product must be fitted by or under the supervision of a Certified Orthotist/Prosthetist, Certified Orthotist or equivalent medical professional.

### Patent no.:

ToeOFF®, BlueRock™, KiddieGAIT™, KiddieROCKER™: AU736950, BE1005297, BE1114626, DK1005297, DK1114626, FI1005297, FI1114626, FR1005297, FR1114626, IE1005297, IE1114626, IT1005297, IT1114626, CA2279225, CNZL97181689.1, NL1005297, NL1114626, NO313656, PL194247, CH1005297, CH1114626, ES1005297, ES1114626, GB1005297, GB1114626, SE1005297, SE1114626, DE69709184.8-08 DE69732541.5-08, US5897515, ATE210417, ATE289187

Ypsilon: GE60208889.5-08, GB1379201, IT1379201, US6887213



Camp Scandinavia AB, Karbingatan 38  
SE-254 67 Helsingborg, Sweden  
Phone: +46 42 25 27 01



**PARENT, CAREGIVER, OR GUARDIAN SHALL READ  
THIS INSTRUCTION CAREFULLY BEFORE USE**

**INTENDED USE**

KiddieGAIT™/KiddieROCKER™ are intended to support the foot/ankle complex in a more functional posture while allowing more normal ROM during the developmental years.



*The fitter has selected KiddieGAIT/KiddieROCKER, a ToeOFF Family Product, the original and highest quality carbon composite dynamic response floor reaction AFO available, to meet the child's specific needs.*

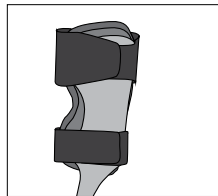
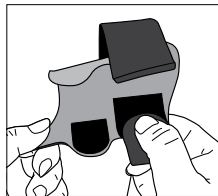
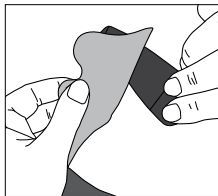
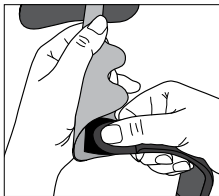
Carbon composites offer durability and decreased weight and bulk as compared to traditional braces. The unique characteristics of this material requires careful attention to maintain the life of the brace. Failure to follow the enclosed guidelines may result in decreased function or damage to the orthosis and may void the warranty.



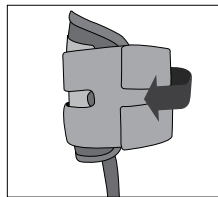
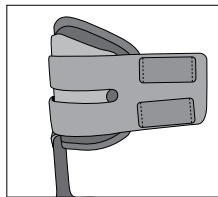
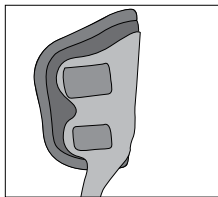
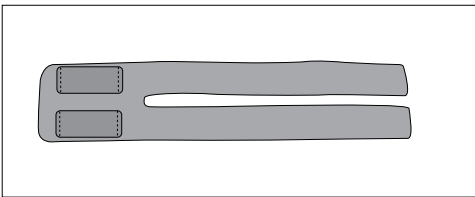
**OTHER ORTHOTIC INTERVENTION**

The brace provides stability and dynamic assist to lift the foot while walking. Often, the child will require an additional foot orthosis to properly position the foot. This additional orthosis will work in conjunction with the brace to improve the child's walking pattern and often permit him/her to walk for longer periods of time before tiring.

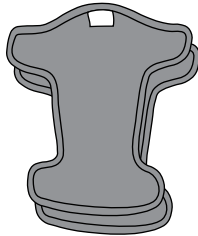
**ATTACH THE STRAPS KiddieGAIT/KiddieROCKER**



**ATTACH THE STRAPS KiddieGAIT (BABYSmall, BABYMedium, BABYLarge)**



USER



## SHOES & SOCKS

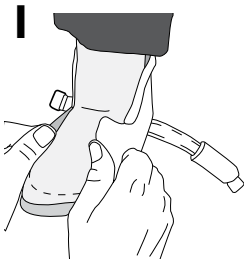
The thinness of the carbon composites allows the orthosis to fit into most standard shoes without having to increase shoe size. However, a shoe with good support is important. Sandals and loafers, for example, do not offer good support and should not be worn with these braces.

A shoe that provides good support to the sides of the foot and the heel will hold the brace and any accompanying orthosis in proper position to provide the best possible support for the foot and ankle. A rocker toe will assist in a smooth rollover as the child walks. The orthotist fit the brace and any accompanying orthosis based on the height of the heel on the shoe the child was wearing at the time of the fitting. Talk with the orthotist before selecting shoes that have significantly different heel heights.

KiddieGAIT and KiddieROCKER should always have an interface between the brace and the leg. Tall cotton socks are suggested for increased comfort. They also keep the brace padding protected from perspiration and soiling.

There should be an interface between the foot and the KiddieGAIT and KiddieROCKER footplate. Your orthotist may have placed an orthotic insole, or custom orthosis with a non-skid interface on top of the footplate. If not, ask your orthotist for recommendation of what type interface will be best.

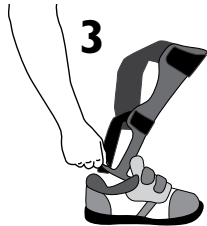
## PUTTING ON THE ORTHOSIS



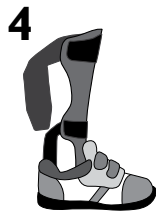
**1.** If the orthotist has fabricated a plastic orthosis that wraps around the foot, apply this to the child first.



**2.** If the orthotist provided any other foot orthotic and it is not already attached to the footplate, place it on top of the KiddieGAIT/KiddieROCKER footplate.



**3.** Place the brace into the shoe.



**4.** Slide the foot into the shoe. Close snugly.

## REMOVING THE ORTHOSIS



Pull from front to back to release the strap. Slide hand under orthosis and pull up to remove from shoe.

**IMPORTANT: ONLY pull from front to back to release the straps.** The wings are made flexible for comfort. However, they will break if repeatedly flexed back and forth. Straps must be removed from front to back. If straps are removed by pulling from back to front, this will cause the wings to fracture.

## ADAPTING TO THE NEW BRACE

Follow the fitter/prescribers recommendations for gradually increasing wearing time to help the child become accustomed to his/her new brace.

## SKIN MONITORING

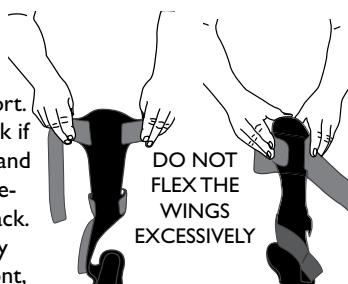
Check the condition of the child's lower leg and foot daily, especially if the child is suffering from great loss of feeling in the lower leg. In the case of skin irritation or discoloration immediately discontinue use and contact the child's fitter/prescriber immediately.

## MAINTENANCE

Inspect the brace daily. Discontinue use immediately and report any signs of damage on the product, signs of wear or any change in the performance of the device to the fitter.

## CARING FOR THE BRACE

ONLY pull from front to back to release the straps. The wings are made flexible for comfort. However, they will break if repeatedly flexed back and forth. Straps must be removed from front to back. If straps are removed by pulling from back to front, this will cause the wings to fracture.



Your KiddieGait™/KiddieROCKER™ was fitted by:

## CLEANING

Sand/dirt/debris removal: Sand and dirt tend to grind away at the carbon composite material. Remove or clean any sand/dirt/debris from the shoe and the brace daily.

**WASHING:** It is recommended to wash liners and straps approximately twice per week. Follow washing instruction on liner. Remember to re-attach the liner/straps to the brace. Extra sets of straps / padding may be purchased from your fitter in order to decrease laundering frequency. The brace can be gently cleaned with mild soap and water.

## STORAGE

Take care not to leave your brace laying down to reduce possibility of someone stepping on or sitting on it. Do not expose your brace to temperature extremes. (Don't store in the car trunk on summer days or leave outdoors during freezing nights).

## DISPOSAL

The product shall be disposed of in accordance with relevant national and local laws and regulations. If the product may have been exposed to infectious substances or bacteria the product should be destroyed according to relevant national and local laws and regulations covering disposal of contaminated materials.

I have reviewed and understand these instructions.

\_\_\_\_\_  
Patient Name (Print)

\_\_\_\_\_  
Parent, Caregiver, or Guardian Name

\_\_\_\_\_  
Signature (Parent, Caregiver, or Guardian)

\_\_\_\_\_  
Date

**ATTENTION ORTHOTIST OR PROSTHETIST:** Make a copy of these instructions for your records and give original to patient.