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kiddieGAIT[®] kiddieROCKER[®]

NOT-FOR-RESALE



Camp Scandinavia AB ©
Helsingborg, Sweden
Tel. +46 42 25 27 01
www.camp.se

Patent no.:

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ENGLISH

This information is only for the KiddieGAIT Not-for-Resale. These orthoses are only for temporary use to assist in appropriate product selection prior to fitting with a permanent orthosis. They serve as a valuable assessment tool to: (1) Determine appropriate size, (2) Assess gait pattern improvement, (3) Determine modifications required, and (4) Evaluate patient acceptance. If the patient feels excessive discomfort or pain, the assessment should be aborted immediately.

With initial steps, some patients may feel uncomfortable due to the affect the orthosis has on gait pattern and finding position of balance. We highly recommend first assessment be done with a walking aid or in parallel bars.

The KiddieGAIT/KiddieROCKER Not-for-Resale should always have padding on the inside. The padding is machine washable and can be re-used.

The KiddieGAIT/KiddieROCKER Not-for-Resale should always be fitted with a foot orthotic on top of the footplate. This can be the child's ordinary foot orthotic, USB, SMO or other. Below you will find some questions and answers to help you get started with using the Not-For-Resale orthosis. For further information, please visit www.allardusa.com.

Indications: Footdrop, Gait deviation secondary to proprioceptive deficit (Either unstable or low-tone gait), Toe-walker with no midfoot collapse, Low Tone Crouch Gait, Spina Bifida, Cerebral Palsy, Muscular Dystrophy, MMC

Contraindications: Lacking ROM towards dorsiflexion (need at least 5° dorsiflexion past neutral), Very rigid foot structure, Quadriceps spasticity, Fixed postural Genu Valgum or Genu Varum, Fixed postural Pes Valgus or Pes Varus.

Limitations: Knee hyperextension (if not managed)
(The limitations have to be addressed on an individual basis).

Questions & Answers

How do I choose correct size?

Start with child's foot length and start with the KiddieGAIT/KiddieROCKER that is closest to that length. The orthosis increases in rigidity as the size increases. It is important to select final size based on weight, function, and activity level. If you determine the size you have selected is too rigid, select the next smaller size. The footplate should always be covered with an insole or foot orthotics to prevent irritation if the footplate is smaller than the foot. Many

patients will require a custom insole, wedging, posting, or heel lifts to address issues of supination, pronation, valgus, varus, or to change knee extension moment.

What shoe should I use?

It is important that the orthosis does not shift within the shoe. A good shoe will help to achieve this. Choose a shoe where the opening can be adjusted with lacing or Velcro. Also make sure that the shoe has the correct heel height. The effective heel height should be

5/8" (1 cm). If the heel is too low, there is a risk for the knee to go into hyperextension.

What shall I consider if it is a new patient?

Look carefully at the foot before and after the assessment and training. If any red marks appear, make sure that the padding is correctly positioned. If the patient has very sensitive skin, limit the training time.

How do I apply the orthosis to the patient?

Place the orthosis in the patient's shoe. Then help the patient to put on the shoe with the orthosis simultaneously. When first placing the orthosis in the shoe, most patients (even those with limited use of one arm), can manage to put on the orthosis by themselves.

How can I clean the orthosis between different patients?

The padding that is delivered with the orthosis can be machine washed in 104°F. The orthosis can be gently cleaned with mild soap and water.

Always check the following before use:

- Padding is correctly positioned on the orthosis
- Foot orthotics in place
- Both Velcros are securely fastened
- The shoe is well positioned
- Correct heel height, no hyperextension in the knee
- Never leave the patient alone when training with the Not-for-Resale orthosis

General guidelines for foot orthotic interventions:

Mild pronation = use a Foot Orthotic that is deep and firm
Moderate pronation = UCB (Deep Foot Orthotic with trim line below ankle).

Severe pronation and/or tight achilles tendon = SMO (Supra Malleolus Orthosis) or Molded Inner Boot.

KiddieGAIT	KiddieROCKER	Size	Height	Footplate
283721008		left, babysmall	150mm	110mm
283721009		left, babymedium	180mm	125mm
283721010		left, babylarge	200mm	140mm
289001011	289021011	left, small	220mm	160mm
289001012	289021012	left, medium	257mm	180mm
289001013	289021013	left, large	295mm	200mm
289001014	289021014	left, xlarge	315mm	210mm
283722008		right, babysmall	150mm	110mm
283722009		right, babymedium	180mm	125mm
283722010		right, babylarge	200mm	140mm
289002011	289022011	right, small	220mm	160mm
289002012	289022012	right, medium	257mm	180mm
289002013	289022013	right, large	295mm	200mm
289002014	289022014	right, xlarge	315mm	210mm

For further information, contact your local distributor or Allard International:
Tel: +46 42 25 27 01, Fax : +46 42 25 27 25, www.allardint.com.

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a part of the ToeOFF® Family Products

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www.allardint.com

Tel +46 42 25 27 00
Fax +46 42 25 27 25

ALLARD INTERNATIONAL
Camp Scandinavia AB
Karbingatan 38
SE-254 67 Helsingborg SWEDEN
mail.sweden@camp.se